

STAR & PARTNERS

Relationship Agreement



This Relationship Agreement is made and entered into on (Date) _____

between the listed partners: _____

We're choosing to be in a relationship, and we want it to feel safe, respectful, and supportive for all parties involved. This agreement helps us create clear expectations, set boundaries, and understand what goes into building a healthy relationship. Any of us can end the relationship at any time, and that choice will be respected. This conversation should be ongoing because checking in with each other helps make sure no one feels pressured, disrespected, or unsafe.

1 Communication

- We will talk honestly, listen to each other, and check in regularly to see how things are going.

2 Consent

- We will always ask for and give a clear, enthusiastic yes before anything physical or emotional.
- “No,” “I’m not sure,” or changing your mind at any time will always be respected—no pressure.

3 Boundaries

- We will talk about and respect each other’s personal, emotional, and physical boundaries.
- We respect that being in a relationship doesn’t mean giving up privacy or independence.

4 Respect & Equality

- We’ll treat each other as equals and support each other’s interests.
- No name-calling, guilt-tripping, or controlling behavior.

5 Conflict

- We’ll handle disagreements calmly, take space if needed, and never use threats or violence.

6 Safety

- If something feels unsafe or uncomfortable, we will talk about it or ask a trusted adult for help.

Signatures: _____